

Touchmark at Meadow Lake Village – Life Enrichment / Wellness Daily Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30 pm LDS Sacrament (SL)	9 am Knifty Knitters (Sh) 9 am Fit and Feisty (CA) 10 am Sit & Be Fit (CA)	8:00 am Blood Pressure (Sh) 9:30 am Walk with Jane (Sh) 10 am Pool Pals (L)	9 am Knifty Knitters (Sh) 9 am Balance & Posture L1 10 am Balance & Posture L2 10:30 am Bible Study (SL) 1 pm Model Building Wray Scott Home	10 am Pool Pals (L) 1 pm Writing Class (Se) 2 pm Bookmobile Meadows Parking Lot 3:15 pm Tai Chi (CA)	9 am Knifty Knitters (Sh) 9 am Fit and Feisty (CA) 10 am Sit & Be Fit (CA) 11 am Bible Study (Se)	
2 pm Afternoon Activity (M)	1 pm Bridge (Sh) 2 pm Power Hour (K)	3:15 pm Tai Chi (CA) 5 pm Social Hour (Sh) 7 pm Pinochle (Sh)	2 pm Catholic Comm. (M) 5 pm Social Hour (Sh)	5 pm Social Hour (Sh) 7 pm Poker (Sh) 7 pm Castle (Sh)	5 pm Social Hour (Sh) 7 pm Bingo (CA)	1 pm Castle (Sh) 5 pm Social Hour (Sh) 7 pm Movie Night (L)
3:30 pm Worship Service (SL)	5 pm Social Hour (Sh) 7 pm Dominos (Sh) 7 pm Movie (L)					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30 pm LDS Sacrament (SL) 3:30 pm Worship Service (SL) 4:30 pm Fellowship Time (SL) <i>1</i>	1 pm Bridge (Sh) 2 pm Power Hour (K) <i>2</i>	National "Morning" Out 7:30 – 11am East Lawn 11:30 am Stonecroft Luncheon (CA) 3:15 pm Tai Chi (CA) <i>3</i>	3 pm Rummikube (Sh) <i>4</i>	10 am Events Com. (Se) 11 am Music History (SL) 1 pm Dining Com. (C) 1 pm Writing Class (Se) 3 pm The Capitol Movie (L) <i>5</i>	11 am Bible Study (Se) 4:45 pm Salmon BBQ (O) 7 pm Bingo (CA) <i>6</i>	9:30 am 1000 Springs Tour (O) 1 pm Castle (Sh) 3 pm Women's Tea (M) 5 pm Social Hour (Sh) 7 pm Movie Night (L) <i>7</i>
1:30 pm LDS Sacrament (SL) 2 pm Games (M) 3:30 pm Worship Service (SL) <i>8</i>	1 pm Bridge (Sh) 2 pm Power Hour (K) 3 pm Music with Floyd May (M) <i>9</i>	8am – 3pm Foot Clinic (Se) 9:30 am Arthur Hart: Ethnic cultures (CA) 1 pm Book Club (L) 3:15 pm Tai Chi (CA) 5 pm Dinner Out (O) <i>10</i>	9 am Nature walk and talk with John Heimer "Mr. Boise River" (O) 3 pm Craft (Sh) 6:30 pm Boise Story Tellers (SVL lobby) <i>11</i>	10 am Pool Pals (L) 1 pm Writing Class (Se) 3:15 pm Tai Chi (CA) 3 pm The Supreme Court Movie (L) <i>12</i>	11 am Bible Study (Se) 11:30 am Red Hat (O) 3 pm Music with "Summerbreeze" (CA) 6:15 pm Baseball (O) 5:30 pm BBQ and Special Concert! <i>13</i>	1 pm Castle (Sh) 5 pm Social Hour (Sh) 5 pm Melodrama – Glens Ferry (O) 7 pm Movie Night (L) <i>14</i>
1:30 pm LDS Sacrament (SL) 2 pm Bingo (M) 3:30 pm Worship Service (SL) <i>15</i>	1 pm Bridge (Sh) 11 am Rafting Trip - rescheduled 2 pm Power Hour (K) 3 pm Rolando (M) 6:15 pm Baseball (O) <i>16</i>	9:30 am Walk with Jane (Sh) 10 am Pool Pals (L) 3 pm Worship Comm. (Se) 3:15 pm Tai Chi (CA) <i>17</i>	9:30 am Eye Glass Adjusting and Cleaning 3 pm Skip Bo (Sh) 5:15 pm Chefs Choice 6:45 Music (CA) <i>18</i>	10 am Pool Pals (L) 1 pm Writing Class (Se) 2 pm Food Donation P/U 3:15 pm Tai Chi (CA) <i>19</i>	9 am Golf Scramble with Margie Andrews 11 am Bible Study (Se) 3 pm Arm Chair Traveler 6:45 pm Music: Danny Boy and Harpo (CA) <i>20</i>	12:30 pm Winery Tour (O) 1 pm Castle (Sh) 5 pm Social Hour (Sh) 7 pm Movie Night (L) <i>21</i>
1:30 pm LDS Sacrament (SL) 2 pm Floral Arranging (M) 3:30 pm Worship Service (SL) <i>22</i>	1 pm Bridge (Sh) 2 pm Power Hour (K) <i>23</i>	9:30 am Walk with Jane 10 am Pool Pals (L) 3 pm Music with Toni Elliot (M) 3:15 pm Tai Chi (CA) <i>24</i>	8:30 am Committee meeting 3 pm Rummikube (Sh) <i>25</i>	10 am Pool Pals (L) 1 pm Writing Class (Se) 3:15 pm Tai Chi (CA) <i>26</i>	9:30 am Idaho City Trip 11 am Bible Study (Se) 3 pm Birthday-Anniv. Celebration (Sh) 7 pm Bingo (CA) <i>27</i>	1 pm Castle (Sh) 5 pm Social Hour (Sh) 7 pm Movie Night (L) <i>28</i>
1:30 pm LDS Sacrament (SL) 2 pm Sundae Sunday (M) 3:30 pm Worship Service (SL) <i>29</i>	1 pm Bridge (Sh) No Power Hour Today <i>30</i>	9:30 am Walk with Jane (Sh) 9:30 – 11am Blanket Workshop (CA) 3:15 pm Tai Chi <i>31</i>				

Key
(GL) - Grand Lodge (CA) - Coeur d' Alene (Multi Purpose) (GT) - Grand Teton (Dining Room) (C) - Cascade (Private Dining Room) (K) - Kootenai (Exercise Room) (L) - Lemhi (Reading Room) (P) - Payette (Library) (SL) – St. Louise (Chapel) (Se) – Selkirk (Activities Room) (Sh) – Shoshone (Game Room) (O) – Off Campus (M) - The Meadows (Assisted Living)
Meal Times Mon. – Sun.
Breakfast 7:30 – 9:30 am Lunch 11:30 – 1:00 pm Dinner 5:15 – 7:00 pm Sunday Breakfast 7 am – 9am Sunday Brunch 11:30 – 2:30 pm Sunday Dinner 5:15 – 7:30 pm (M)
Grand Lodge Salon 319-5323
Hours Tuesday – Friday 9 am – 3 pm Saturday 9 am – 12 pm
Washington Trust Bank 884-2770
Hours Monday, Wednesday, Friday 10 am – 2 pm
Scheduled Transportation
Monday: Shopping Tue-Wed-Thur: Medical Appts. Friday: Special trips <i>Please schedule all transportation 24 hours in advance</i>
Life Enrichment Hotline
208-319-5126

August 2010

Important Dates to Remember

**Special Music!!
Friday August 13th
5:30 – 7:30 pm
Brad Peters and Company
(Musicians from the Boise Philharmonic)
An evening concert in the courtyard
BBQ dinner served on patio
\$12 (+tax) or dinner punch
Don't miss this great summer event**

Reschedule for Rafting Trip

Due to the weather we were forced to cancel the rafting trip last week. It has been rescheduled for:

Monday August 16th leaving at 11am

Same plan just a different day. We will still picnic in the park – I have a special guest speaker who will join us for lunch and then we will “set sail” at approximately 12:30 pm and return to Meridian approximately 3:30pm.

Boise River Nature Walk

Wednesday August 11th – 9am

John Heimer known as “Mr. Boise River” will lead us on a guided tour along the greenbelt. We will learn about the native trees, foliage and wildlife of the river. This will be a slow paced walk with rest time while we talk. Level 1 and 2

****Remember you are always welcome to any afternoon musical entertainment at the Meadows. They are listed on your calendar and will be held in the Meadows Dining Room.****



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