

# Touchmark at Meadow Lake Village – Full Life Wellness & Life Enrichment Program Daily Events



Every Sunday	Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday	Every Saturday
1:30 pm LDS Sacrament (SL) 1:30 pm Games (Sh) 3:30 pm Worship Service (SL)	9 am Knifty Volunteers (Sh) 9 am Fit and Feisty (CA) 9:20 am Swimming YMCA 9:45 am Shopping (O) 10 am Gentle Yoga (CA) 1 pm Bridge (Sh) 1:45 pm Shopping (O) 5 pm Social Hour (Sh)	10 am Games (Sh) 10 am Pool Pals (L) 1 pm "Middle" Mgmt (K) 3:15 pm Tai Chi (CA) 5 pm Social Hour (Sh)	8 am Blood Pressure (Sh) 9 am Knifty Knitters (Sh) 9 am Balance & Posture L1 9:20 am Swimming YMCA 10 am Fall Proof (CA) 1 pm Brain Builders (Se) 2 pm Catholic Comm. (M) 2:15 pm Zumba (Se) 5 pm Social Hour (Sh)	9 am Walking Group (K) 10 am Pool Pals (L) 1 pm Writing Class (Se) 2 pm Bookmobile Meadows Parking Lot 3 pm Games (Sh) 3:15 pm Tai Chi (CA) 5 pm Social Hour (Sh) 7 pm Poker (Sh) 7 pm Castle (Sh)	9 am Knifty Volunteers (Sh) 9 am Fit and Feisty (CA) 9:20 am Swimming YMCA 10 am Gentle Yoga (CA) 10 am Caregiver Support 11 am Bible Study (Se) 5 pm Social Hour (Sh)	1 pm Castle (Sh) 5 pm Social Hour (Sh)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10 am Games (Sh) 10 am Pool Pals (L) 1 pm "Middle" Mgmt (K) 3:15 pm Tai Chi (CA)	1 pm Brain Builders (Se) 2 pm Catholic Mass (SL) 2:15 pm Zumba (Se) 3 pm Bingo (CA)	9:30 am Events Comm. (Se) 11 am Music History – Maurice Ravel (Se) 1 pm Writing Class (C) 2 pm Power Hour (K) 5:30 pm Diana Cullin (GT)	10 am Caregiver Support (SL) 9 am Bus Trip to Shoshone Falls (O) 11 am Bible Study (Se) 3 pm BINGO (CA) 6:45 pm Women of Note (CA)	9:30 am Paws for the Heart Dog-Walk 12:30 pm Mall Shopping (O) 1 pm Chess with Noah (GL) 2 pm Orchid Talk Show (CA) 5 pm Social Hour (Sh)
1:30 pm LDS Sacrament (SL) 1:30 pm Games (Sh) 3:30 pm Worship Service (SL) 6:30 pm "Church Night" of Boise Music Week (O)	8 – 3pm Foot Clinic (Se) 1 pm Bridge (Sh) 2:15 pm Zumba (Se) 6:30 pm Boise Music Week Showcase (O)	10 am Tuesday Musicale (O) 1 pm "Middle" Mgmt (K) 2:30 pm Book Club (L) 3:15 pm Tai Chi (CA)	1 pm Brain Builders (Se) 2 pm Catholic Comm (M) 2:15 pm Zumba (Se) 3 pm Bingo (CA) 6:30 pm Boise Music Week Musical - The King and I (O)	9:30 am Diabetes Support (Se) 10:30 am Bible Study (C) 11 am Home Health Talk - Safety/Fall reduction (Se) 1 pm Writing Class (C) 3 pm Murrays' Accordion (M) 6 pm Art Show Opening	10 am Caregiver Support (SL) 11 am Bible Study (Se) 11:15 am Egyptian Theatre Silent Movie w/Organ (O) 3 pm BINGO (CA)	11:30 am Ladies' Luncheon with P. Gary Eller "The Songs of Idaho" 1 pm Castle (Sh) 3 pm Diana Cullin (M) 5 pm Social Hour (Sh)
<b>Mothers' Day Brunch from 11:30 to 2pm</b>	8 – 3pm Foot Clinic (Se) 1 pm Bridge (Sh) 2:15 pm Zumba (Se)	9 to Noon Health Fair (CA) 10 am Games (Sh) 11:15 am Steve's Café' Lunch Out (O) 1 pm "Middle" Mgmt (K) 3 pm Worship Committee 6:45 MSTI Melodies (CA)	9 to 12 noon Strickland Ear 1 pm Brain Builders (Se) 2 pm Catholic Comm (M) 3 pm BINGO (CA) 5:15 pm Chefs Choice 6:45 pm Detwiler's "Art Song Recital" - CA	10:30 am Bible Study (C) 11 am Home Health Talk - Diabetes (Se) 1 pm Writing Class (C) 2 pm Food P/U (SVL) 3 pm Games (Sh) 5:30 pm Diana Cullin (GT)	11 am Bible Study (Se) 2 pm Jubilation! (CA) 3 pm Michael Palin's Himalaya Series (CA) 6:30 pm Boise Chorister's Spring Concert (O) 7 pm BINGO (CA)	10 am Mulligan Band 1 pm Castle (Sh) 1 pm Chess with Noah (GL) 5 pm Social Hour (Sh)
1:30 pm LDS Sacrament (SL) 1:30 pm Games (Sh) 3:30 pm Worship Service (SL)	1 pm Bridge (Sh) 2:15 pm Zumba (Se) 3 pm Rolando (M)	10 am Games (Sh) 10 am Pool Pals (L) 1 pm "Middle" Mgmt (K) 3:15 pm Tai Chi (CA)	9 am Committee Mtg (C) 9:30 am REC (C) 11:30 am Mens' Lunch Out 1 pm Brain Builders (Se) 3 pm BINGO (Sh) 5:30 pm Dinner Music w/ Chelsey Conde - Harp	10:30 am Bible Study (C) 11 am Home Health Talk – Osteoporosis / Osteoarthritis (Se) 1 pm Writing Class (C) 3:15 pm Tai Chi (CA)	9:30 am Ribbon Cutting at Meridian Senior Center (O) 10 am Caregiver Support 11 am Bible Study (Se) 1:30 pm Resident Forum 2:30 pm Birthday/Anniv Celebration (Sh)	12:30 pm Mall Shopping (O) 1 pm Castle (Sh) 1 pm Chess with Noah (GL) 5 pm Social Hour (Sh)
1:30 pm LDS Sacrament (SL) 1:30 pm Games (Sh) 3:30 pm Worship Service (SL)	Memorial Day 8:45 am Idaho State Veterans' Cemetery Service (O) 1 pm Bridge (Sh) 4 pm JJ Dion (CA)	10 am Games (Sh) 10 am Pool Pals (L) 1 pm "Middle" Mgmt (K) 3:15 pm Tai Chi (CA) 6:45 Little Me/Little You music (CA)	1 pm Brain Builders (Se) 2 pm Catholic Comm (M) 2:15 pm Zumba (Se) 3 pm BINGO (Sh)	10:30 am Bible Study (C) 11 am Home Health Talk – Dehydration / Skin Care (Se) 1 pm Writing Class (C) 3:15 pm Tai Chi (CA) 3 pm Games (Sh)		

- Key**
- (GL) - Grand Lodge
  - (CA) - Coeur d' Alene (Multi Purpose)
  - (GT) - Grand Teton (Dining Room)
  - (C) - Cascade (Private Dining Room)
  - (K) - Kootenai (Exercise Room)
  - (L) - Lemhi (Reading Room)
  - (P) - Payette (Library)
  - (SL) - St. Louise (Chapel)
  - (Se) - Selkirk (Activities Room)
  - (Sh) - Shoshone (Game Room)
  - (O) - Off Campus
  - (M) - The Meadows (Assisted Living)

# May 2012